

MCMASTER OUTDOOR RECREATION



Altitude Team Development & Leadership Program How to Get To Altitude:

- Copy and Paste this link into your browser and Google Maps will display the directions.
- You can then customize the origin to your starting location.

http://maps.google.ca/maps?f=d&source=s_d&saddr=43.265456,-

 $79.892921\&daddr=Haddon+Ave+N+to: Stearn+Dr+to: Michell+Crescent+to: Michell+Crescent\&geocode=\%3BFQkg\\ 1AIdHqs8-w\%3BFf8llAIdPpU8-w\%3BFeorlAIdAY48-w\%3BFas2lAIdT5k8-$

w&hl=en&mra=dme&mrcr=0&mrsp=0&sz=14&via=1,2,3&sll=43.257893,-

79.903393&sspn=0.028316,0.055275&ie=UTF8&z=14



McMaster
University

Medical Centre

Traymore Ave

Main St W

Sterling St

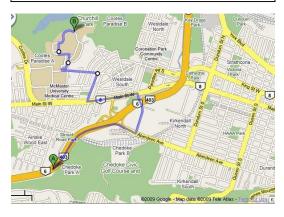
Main St W

Sterling St

Medical Centre

Traymore Ave

- Exit 403 Westbound via Main Street West exit.
- Turn LEFT on Main Street West.
- After two blocks, Turn RIGHT on Haddon.
- After two blocks, turn LEFT on Sterling.
- See next page for directions on campus.
- If you are coming from Ancaster, Brantford, London, etc, take ABERDEEN exit and turn LEFT on Longwood, and then LEFT again on to Main Street West (See below)







MCMASTER OUTDOOR RECREATION



Directions on Campus:

- Enter the main campus via the Sterling Street entrance.
- Just after the kiosk (on the left), turn right and another quick right onto Stearn Drive.
- Proceed past the first stop sign (pedestrian crosswalk) and stay in the right hand lane.
- At the next stop sign turn left and continue on Stearn Drive.
- On your right will be the David Braley Athletics Centre (DBAC). If your program
 designates meeting at DBAC, enter main doors here.
- To reach the **Alpine Tower facility**, continue down Stearn Drive and turn right onto Mitchell Crescent at the next stop sign just at the end of the DBAC building.
- The Ronald V. Joyce Stadium will now be on your right as you follow this road around the parking lot.
- After the stadium you will pass the Les Prince Residence (on your left) along with the outdoor field & track facility (on your right).
- Keep following the road around the bend and the Alpine Tower facility will appear on your left hand side.
- There will be **parking** directly adjacent to the Tower outside the fencing.
- Please see the links below the McMaster University Parking & Transit website for additional information or clarification:
 - Main Page http://parking.mcmaster.ca/
 - Rates http://parking.mcmaster.ca/rates08-09.htm
 - Maps http://parking.mcmaster.ca/map2.htm
 - FAQ's http://parking.mcmaster.ca/parking-FAQ.html

