



Altitude Team Development & Leadership Program

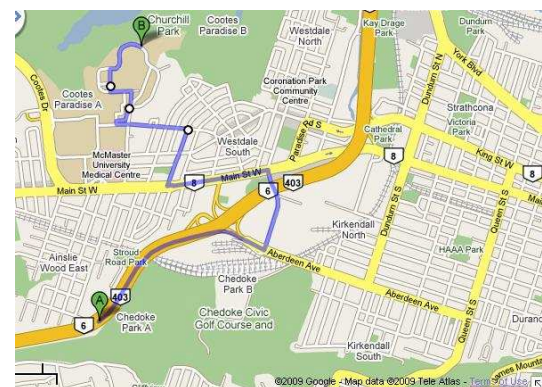
How to Get To Altitude:

- Copy and Paste this link into your browser and Google Maps will display the directions.
- You can then customize the origin to your starting location.

http://maps.google.ca/maps?f=d&source=s_d&saddr=43.265456,-79.892921&daddr=Haddon+Ave+N+to:Stearn+Dr+to:Michell+Crescent+to:Michell+Crescent&geocode=%3BFQkg1AIdHqs8-w%3BFf8IIAIdPpU8-w%3BFeor1AIdAY48-w%3BFas2IAIdT5k8-w&hl=en&mra=dme&mrcr=0&mrsr=0&sz=14&via=1,2,3&sl=43.257893,-79.903393&sspn=0.028316,0.055275&ie=UTF8&z=14



- Exit 403 Westbound via Main Street West exit.
- Turn LEFT on Main Street West.
- After two blocks, Turn RIGHT on Haddon.
- After two blocks, turn LEFT on Sterling.
- See next page for directions on campus.
- If you are coming from Ancaster, Brantford, London, etc, take ABERDEEN exit and turn LEFT on Longwood, and then LEFT again on to Main Street West (See below)





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OUTDOOR RECREATION



Directions on Campus:

- Enter the main campus via the Sterling Street entrance.
- Just after the kiosk (on the left), turn right and another quick right onto Stearn Drive.
- Proceed past the first stop sign (pedestrian crosswalk) and stay in the right-hand lane.
- At the next stop sign turn left and continue on Stearn Drive.
- On your right will be **the David Braley Athletics Centre (DBAC)**. If your program designates meeting at DBAC, enter main doors here.
- To reach the **Alpine Tower Compound**, continue down Stearn Drive and turn right onto Mitchell Crescent at the next stop sign just at the end of the DBAC building.
- The Ronald V. Joyce Stadium will now be on your right as you follow this road around the parking lot.
- After the stadium, you will pass the Les Prince Residence (on your left) along with the outdoor field & track facility (on your right).
- Keep following the road around the bend and the **Alpine Tower Compound** will appear on your left-hand side.
- There will be **parking** directly adjacent to the Tower outside the fencing.
- Please see the links below the McMaster University Parking & Transit website for additional information or clarification:
 - Main Page – <http://parking.mcmaster.ca/>
 - Rates – <http://parking.mcmaster.ca/Rates.html>
 - Maps – <http://parking.mcmaster.ca/Map.html>
 - FAQ's – <http://parking.mcmaster.ca/FAQ.html>

