



McMASTER
ATHLETICS & RECREATION
www.marauders.ca

PULSE – December GROUP CYCLING EXAM SCHEDULE
Effective Dec 8 – Dec 14, 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am– 7:50am	Mac Cycle (50) Ella	Mac Cycle (50) Matt			
12:00pm– 12:50pm					
5:30pm– 6:20pm	Mac Cycle (50) Nathan	HIIT & Hills (50) Vit		Mac Cycle (50) Nathan	
6:30pm– 7:20pm	HIIT & Hills (50) Julia	Mac Cycle (50) Caitlin	Mac Cycle (50) Julia		

CLASSES WILL TAKE PLACE IN THE CYCLING STUDIO (STUDIO 2)
Class instructor & type may be subject to change.



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PULSE – December GROUP CYCLING EXAM SCHEDULE
 Effective Dec 15 – Dec 21, 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am– 7:50am	Mac Cycle (50) Matt				
12:00pm– 12:50pm					
5:30pm– 6:20pm	Mac Cycle (50) Nathan			Mac Cycle (50) Nathan	
6:30pm– 7:20pm		Mac Cycle (50) Caitlin			

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 Class instructor & type may be subject to change.