



McMASTER

ATHLETICS & RECREATION

www.marauders.ca

PULSE – Summer 2024 CYCLE SCHEDULE
Effective July 2nd – Aug 2nd, 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am– 7:50am	Mac Cycle (50) Aaron			Mac Cycle (50) Matt	
12:00pm– 12:50pm					
4:30pm– 5:20pm					
5:30pm– 6:20pm	Mac Cycle (50) Nathan				
6:30pm– 7:20pm		Mac Cycle (50) Caitlin			

CLASSES WILL TAKE PLACE IN CYCLING STUDIO (STUDIO 2)

Class instructor & type may be subject to change.

Check the McMaster Recreation App, @McMasterPulse, and www.marauders.ca/thepulse for updates.