

MCMASTER ATHLETICS & RECREATION www.marauders.ca

PULSE - GROUP CYCLING EXAM SCHEDULE

Effective April 6 - April 26

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am– 7:50am			Mac Cycle (50) Aaron			Mac Cycle (50) Matt
12:30pm- 1:20pm						
4:30pm– 5:20pm				(7)	Soca Cycle (30) Marlice	
5:30pm– 6:20pm		Mac Cycle (50) Nathan			Mac Cycle (50) Nathan	
6:30pm– 7:20pm				HIIT & Hills (50) Vit	:	
7:30pm – 8:20pm						

CLASSES WILL TAKE PLACE IN THE FITNESS STUDIO (STUDIO 2)

Class instructor & type may be subject to change.