

# McMaster Camps Guide 2017



**WELCOME TO CAMP!**

**McMaster Camps are built on a foundation of community, where safety, inclusion, and the promotion of group unity are of highest value.**

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**Our programs strive to cultivate a positive environment for each child and youth to reach their full potential and recognize their importance within the community.**

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# Camp Contacts

**McMaster University**  
**(905) 525 - 9140**

## IN-SEASON CAMP CONTACTS

### March Mania

x24464  
marchmania@mcmaster.ca *(February & March only)*

### Marauder Sport Camps & The Competitive Edge

x24464  
reconline@mcmaster.ca *(monitored year-round)*

### Mini-University

x27636  
miniu@mcmaster.ca  
Office: IWC 106 *(May-August only)*

### Sport Fitness School

x27071  
sfs@mcmaster.ca  
Office: SFS Office Trailer *(May-August only)*

## YEAR-ROUND CAMP CONTACTS

### Registration/Customer Service Office

x24464  
reconline@mcmaster.ca  
Office: DBAC - WG101

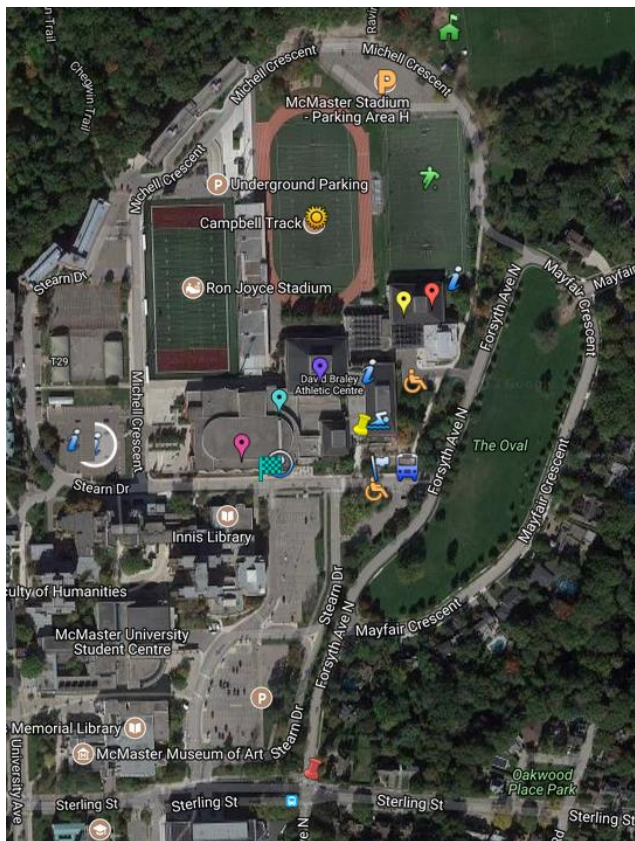
### Camps Coordinator: Lauren Crawford

x26639  
crawfl@mcmaster.ca



# Camp Locations

CAMP	HOMEBASE	PARKING LOT
<b>Extended Care (all camps)</b>	East Auxiliary Gym, Ivor Wynne Centre	Lot H
<b>March Mania</b>	Smith Gym, Ivor Wynne Centre	Lot H
<b>Sport Fitness School</b>	East Auxiliary & Smith Gym, Ivory Wynne Centre	Lot H
<b>Mini-University</b>	Mezzanine, Ivor Wynne Centre	Lot H
<b>The Competitive Edge</b>	WB113 David Braley Athletic Centre	Lot H
<b>Basketball Camp</b>	Therese Quigley Sport Hall, David Braley Athletic Centre	Lot H
<b>Swim Camp</b>	Pool, Ivory Wynne Centre	Lot H
<b>Volleyball Camp</b>	Therese Quigley Sport Hall, David Braley Athletic Centre	Lot H



- McMaster Camp Locations
- Individual styles
- Accessible Parking
- Accessible Parking
- SFS & March Mania Home B...
- SFS Office Trailer
- Mini-U Home Base: IWC Mez...
- Mini-University Office (IWC/1...
- Customer Service & Maraud...
- The Competitive Edge Home ...
- Basketball & Volleyball Hom...
- Extended Care: East Aux Gym
- IWC Pool
- Alumni Field
- Track Field B
- Alpine Tower & Team Develo...
- David Braley Athletic Centre: ...
- IWC South Entrance
- Athletics & Recreation Camp...
- IWC Bus Loop
- Lot H: All Camps & Extended ...
- Sterling Street Entrance
- Lot E - McMaster Constructi...

Visit our complete, interactive camp map at:  
<http://marauders.ca/campmap>

# General Information

## ABSENCES, ARRIVING LATE, LEAVING EARLY

It is **imperative** that we are aware if your child will be absent, late or leaving early! Please call the appropriate camp office or send a note with your child prior to the day of absence. For your child's safety, we will be calling home for any unannounced late or absent campers. Late campers should report to the camps' office prior to joining their activities.

## CLOTHING AT CAMP

To ensure a safe camp experience, please consider the following attire for camp:

**T-Shirt & Shorts:** The **camp t-shirt** must be worn as part of the daily uniform.

**Shoes:** Comfortable running shoes (**no** sandals, flip-flops, or "heelies")

**Mini-U Module A: Long pants** to change into during lab times.

## LOST & FOUND: LABEL IT!

Going to camp, school, or even just out the door - add children to the mix and things seem to go missing quickly. Visit our *Lost & Found* webpage for tips on reclaiming lost items, **and help send a kid in need to camp!**

[www.marauders.ca/camptreasure](http://www.marauders.ca/camptreasure)

## Car: Drop-Off/Pick-Up

Pick up and drop off can be very busy, especially on the first day of camp – leave yourself lots of time, or **register for Extended Care to avoid the rush!**

With several camps in action at any given time, there will be a considerable amount of traffic in and around the McMaster campus. Please consider carpooling, walking, biking or taking public transit to drop off your camper.

## **\*NEW\* Summer 2017 ALL CAMP Parking Lot H**

### Self-Sign Out: Walking, Biking Home

If your child is planning on walking or riding their bike home (or to another location on campus) without an approved pick-up person, for safety reasons we request that you **indicate during registration and ensure they have self-sign-out privileges.**

You can make changes to dismissal permissions and approve pick-up list in your online account at link below:

<https://thriva.activenetwork.com/MyAccount/Login.aspx?Org=McMasterUniversity>

### Dismissal Policy

No matter the age of your camper, how your camper is travelling, or what camp they are attending, ALL campers **must be signed out** before leaving camp.

#### WAYS TO SIGN-OUT:

1. Approved pick-up person
2. Self-sign out

# Health & Safety at Camp

## What do I need to KNOW

### Extreme Heat Alerts:

At times during the summer, Environment Canada will release an extreme heat advisory whenever the humidity reaches a level where extreme activity is considered unsafe.

*During these times, all camps will begin running their extreme heat plans featuring:*

- Extra water breaks
- Minimal direct sun exposure
- Reduced activities during the mid-afternoon

Please note that all camps are designed to run outdoors. Modified programming will take place, however we will not always be able to move indoors for the duration of a day. Full camp refunds will not be provided because of extreme heat.

*For a detailed explanation of the Extreme Heat Plan for your camp, contact Lauren Crawford Camps Coordinator at ext.26639.*

### First Aid @ Camp:

Our experienced **First Aid Coordinator is on staff** to supervise first aid at camp.

In addition, all camp staff are certified in First Aid/CPR. In the event of an emergency, the Emergency Contact Person identified on your registration forms will be notified.

### Zero Tolerance:

All camps have a **Zero Tolerance** policy for any abusive behaviour directed at campers or staff.

This includes physically and verbally abusive behaviour. This policy will be strictly enforced.

## What do I need to DO?

### Medical Information Changes:

***Please keep us up-to-date!*** Please login to your online account at link below to make any post-registration changes. If you make changes in the week prior to camp, please contact us at 905-525-9140 x24464 to notify us.  
<https://thrive.activenetwork.com/MyAccount/Login.aspx?Org=McMasterUniversity>

### Medications:

Please send your camper with any **required medications**, to be stored with the camper's belongings, or the camp staff, and make sure you have outlined use in your registration information, and checked the consent box. Updates can be made in your online account (link above).

### NUT-FREE CAMP & LUNCHES

Many campers have *fatal allergies* to nuts. **Do NOT send any nut-based products to camp!**

This includes all nut-based products including: peanut butter, chocolate bars, squares, cookies and other items including nuts.

***We appreciate your attention to items being placed in your child's lunch.***

# Additional Services

## Extended Care

Extended care services are provided for all Athletics & Recreation camps – you must pre-register for this service at the Recreation Office (DBAC/WG101) – call at ext. 24464.



- **When:** 7:30am-8:30am and 4:15pm-5:30pm
- **Location:** East Auxiliary Gym for all camps (see map in 'Camp Locations')
- **Cost:** \$25/week/child
- **Late Pick-Ups:** An \$8/hour charge for every part-hour after 5:30pm will be charged.

## Lunch Program

Nutritious and delicious, delivered to your camper each day! To accommodate for the processing of food orders, *please register at least by the Wednesday prior* to your campers' arrival.

See the menu, learn more about and sign-up for our lunch program at:

<https://rec.mcmaster.ca/programs/youth-camps/lunch-program>



*\*\*Available for Summer Sessions only*

## Busing

There are approximately 50 campers assigned to each bus. It's important that campers remember their bus counselor and bus number. *To keep us safe and organized there will be no changes made to the bus list!*

Our buses run from stops in **Ancaster, Burlington, Dundas, Hamilton Mountain, Oakville, Stoney Creek & Waterdown.**

Some buses make two stops – picking up and dropping off at both Mainway and Central, for example. Buses are scheduled to arrive/depart within their window. We will notify you should any timing adjustments need to be made as camp goes on.

- Camp staff are onboard for every trip.
- Dismissal procedure from the bus is based on the information you've entered on your camper's online account. Please login to your online account to make any post-registration changes regarding self-sign-out privileges and approved pick-up people.
- **NO SUPERVISION** provided at the bus stop. Your prompt arrival to pick-up your child is appreciated.

Schedules, maps, and more information are available at:

<https://rec.mcmaster.ca/programs/youth-camps/busing>

## LATE BUS?

Our buses don't leave campus until every scheduled camper is on-board. If your bus is ever late, it's likely because another camper has made other travel arrangements without notifying us.

**In the event of a late departure**, the staff at Sport Fitness School will have an updated schedule. You can reach them at (905) 525-9140 x27071.

## Not riding the bus today?

Use our online Bus Cancellation Form (<http://rec.mcmaster.ca/camp-busing-ride-cancellation-form>) to keep us up-to-date.



# General Camp Checklist

- **Camp T-shirt**
- **Running Shoes** (no sandals, heeled shoes, or shoes with openings)
- Bathing Suit & Towel
- Packed Lunch (there is no refrigeration available. Please consider using re-usable containers and remember we are nut-free!)
- Water bottle: Bring your own every day!
- Hat & Sunscreen
- Athletic Attire

*Please visit your camp's page for specific checklist items.*